

DIVISION	GOAL HEIGHT	BALL SIZE	FREE THROWS	LANE VIOLATION	DEFENSE/BACKCOURT PRESSURE	FULL COURT PRESSING	MERCY RULE	LENGTH OF GAME, TIME-OUTS & MISC. PROVISIONS	
5 & 6 CO-ED	8'	27.5"	10'	10 seconds	<ul style="list-style-type: none"> Players in marked lane spaces may enter lane when ball is released by shooter Free throw shooter cannot enter lane until the ball makes contact with the rim or backboard. 	<ul style="list-style-type: none"> man-to-man only <ul style="list-style-type: none"> switching is NOT permitted no double teaming no trapping On transition defense, the defensive team must take a defensive position behind the three point line of the goal they are defending. 	Not allowed at any time	None	<ul style="list-style-type: none"> Four (4) 8-minute quarters. The offensive team MUST wait until the defensive team has taken up position behind the 3-point line prior to taking the ball past half court. NO FAST BREAKS! Coaches will be permitted on the court to help instruct players during the game, but they must remain outside the 3-point arc. No score will be kept. Clock is ONLY stopped for: <ul style="list-style-type: none"> Time-outs On referee signal
7 & 8 GIRLS & BOYS	9'	28.5"	12'	5 seconds	<ul style="list-style-type: none"> Players in marked lane spaces may enter lane when the ball is released by shooter. Free throw shooter cannot enter lane until the ball makes contact with the rim or backboard. 	<ul style="list-style-type: none"> man-to-man defense allowed. Zone defense is allowed. no double teaming. no trapping. Can only stop a fast break in the backcourt if full court press is allowed. Can only play defense inside the three point arc (<u>cannot press at the half court line</u>) 	<ul style="list-style-type: none"> Last minute of the fourth quarter <ul style="list-style-type: none"> If at any time during the last two minutes of the game, a team goes up by more than 7 points, no full court pressure will be allowed. The first time a team is found in violation of the full court press rule during the game, it will be given a verbal warning by the referee. Each time after the first offense, the team in violation will be given a bench technical foul (delay of game) and the opposing team will be awarded two free throws and possession of the ball following the free throws. 	7 points	<ul style="list-style-type: none"> Four (4) 10-minute quarters Clock is ONLY stopped for: <ul style="list-style-type: none"> Time-outs On referee signal During the last two (2) minutes of the fourth (4th) quarter unless a team is up by 7 or more points. Fast breaks are allowed at any point during the game.

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9 & 10 GIRLS & BOYS	10'	28.5"	13'	3 seconds	<ul style="list-style-type: none"> Players in marked lane spaces may enter lane when the ball is released by shooter. Free throw shooter cannot enter lane until the ball makes contact with the rim or backboard. 	<ul style="list-style-type: none"> Man-to-man defense allowed. (Switching is permitted). Zone defense allowed. <ul style="list-style-type: none"> Last two (2) minutes of the fourth quarter. <ul style="list-style-type: none"> If at any time during the last two minutes of the game, a team goes up by 10+ points, no full court pressure will be allowed. The first time a team is found in violation of the full court press rule during the game, it will be given a verbal warning by the referee. Each time after the first offense, the team in violation will be given a bench technical foul (delay of game) and the opposing team will be awarded two free throws and possession of the ball following the free throws. 	10 points	<ul style="list-style-type: none"> Four (4) 10-minute quarters Clock is ONLY stopped for: <ul style="list-style-type: none"> Time-outs On referee signal During the last two (2) minutes of the fourth (4th) quarter unless a team is up by 10 or more points. Fast breaks are allowed at any point during the game.
11 & 12, 13 & 14, BOYS 6TH – 8TH GIRLS	10'	29.5" BOYS 28.5" GIRLS	15'	3 seconds	<ul style="list-style-type: none"> Players in marked lane spaces may enter lane when the ball is released by shooter. Free throw shooter cannot enter lane until the ball makes contact with the rim or backboard. 	<ul style="list-style-type: none"> Man-to-man defense allowed. Switching is allowed. Zone defense allowed. <ul style="list-style-type: none"> Full court pressing is allowed except if there is a lead of 20 points or greater at any time during the game. <ul style="list-style-type: none"> The first time a team is found in violation of the full court press rule during the game, it will be given a verbal warning by the referee. Each time after the first offense, the team in violation will be given a bench technical foul (delay of game) and the opposing team will be awarded two free throws and possession of the ball following the free throws. 	10 points	<ul style="list-style-type: none"> Four (4) 10-minute quarters Clock is ONLY stopped for: <ul style="list-style-type: none"> Time-outs On referee signal During the last two (2) minutes of the fourth (4th) quarter unless a team is up by 10 or more points. Fast breaks are allowed at any point during the game.