WINTER 2024 - 2025 December - February

KEEPING TRACK ACWORTH PARKS, RECREATION & COMMUNITY RESOURCE DEPARTMENT



ACWORTHPARKSANDREC.ORG | 770-917-1234 | 4361 CHEROKEE STREET

PROGRAMS

THERAPEUTIC PROGRAMS

BOWLING ' ' ' Wednesday, December 4 Time: 1:30 PM Cost: \$5 Ages: 13 and up Location: Acworth Community Center

<u>UGLY SWEATER</u>

<u>CHRISTMAS PARTY</u> December 11 Time: 1:00 PM Cost: \$5 Ages: 13 and up Location: Acworth Community Center

INDOOR KICKBALL

December 11 Time: 1:00 PM Cost: Free Ages: 13 and up Location: Acworth Community Center

ADAPTIVE CORNHOLE

Thursday, January 16, 23, 30, February 6,13, 20 Time: 6:00 PM & 7:00 PM Cost: \$15 Age: 13 and up Location: Acworth Community Center

ATHLETICS ACWORTH ADULT

BASKETBALL Recreation League/ 30+ League/ Competitive League February 24 – April 30 Time: 6 PM – 10 PM Cost: \$550/team; \$70/free agent Location: Acworth Community Center

<u>ACWORTH ADULT</u>

FLAG FOOTBALL LEAGUE March 11 – May 20 Time: 6:30 PM – 9:30 PM Cost: \$575/team Location: Acworth Sports Complex Football Fields

<u>THE LEAGUE AT</u> <u>LOGAN</u>

March 26 – May 21 Time: 6 PM – 9 PM Cost: \$200/team or \$50/free agent Location: Logan Farm Park The League at Logan is an outdoor grass volleyball league. Teams consist of four (two males, two females) competing across at least 8 weeks of play.

Wednesdays: 9:05 a.m. - 9:50 a.m. Yoga focusing on meditation and breathing.

<u>BEND & BREATHE</u>

<u>YOGA</u> Wednesdays: 8:15 a.m. - 9:00 a.m. Slow yoga focusing on inward balance.

BSD TAEKWON-DO

Saturdays: 8:45 a.m. - 9:45 a.m. Learn confidence, selfcontrol, balance, and self defense.

SENIOR WARRIORS

Wednesdays 10am-10:30am (ages 55+) Use traditional Korean movements to increase balance, mental focus and movement.

LINE DANCING

Tuesdays 11am & 6:30pm (16+) Learn how to line dance with knowledge, technique and style!

PICKLEBALL LESSONS

Wednesdays & Thursdays Times: 9AM, 10AM, 11AM, 12 PM, 1PM Instruction for all levels, whether you are just beginning or sharpening their skills!

ACTIVE ADULTS

55 +

BREAKFAST CLUB

Join us the last Friday of the month. Meet at the Community Center, hop in the van and try new spots in the Metro-Atlanta area. Van departs at 9:00 a.m.

DAY TRIPS

Wednesday December 11 Atlanta Botanical Garden Lights Holiday Nights Price: \$57 / \$62

Friday, January 10, 2025 Margaret Mitchell House Price: \$25 / \$30

Friday, January 24, 2025 Booth Museum Price: \$20 / \$25

Friday,February 14, 2025 Georgia Aquarium Price: \$45 / \$50

Friday, February 28, 2025 Fernbank Museum Price: \$30 / \$35

SENIOR LUNCHEON

The third Wednesday of every month, join us for a great lunch! Residents: FREE Non-Residents: \$10

CARDS & COOKIES

Coffee, cookies, & games! Twice a month on Monday: 2:00 p.m -4:00 p.m.

CANADIAN ROCKIES Our next <u>BIG</u> overnight trip will be in September 2025!

SCAN QR FOR FULL LIST OF PROGRAMMING

YOUTH BSD TAEKWON-DO

Learn confidence, self-control, balance, and self defense. Tuesdays & Thursdays: 3:00 PM - 4:00 PM Ages: 6+

LITTLE DRAGONS TAEKWON-DO

Learn confidence, self-control, balance, and self defense. Saturdays: 10:45 AM - 11:15 AM Ages: 4-7

SPECIAL WARRIORS TAEKWON-DO

Adapted self-defense skills for those with disabilities. Saturdays: 10:00 AM - 10:30 AM Ages: 6+

HOMESCHOOL/AFTER SCHOOL ADVENTURES

Discover a variety of fish species, and learn how to catch them! Mondays & Wednesday 8:00 AM - 1:00 PM 4:00 PM - 6:00 PM Location: Cauble Park



BREAKFAST WITH THE GRUCE BREAKFAST CRAFTS CAMES CRINCHI

BREAKFAST - CRAFTS - GAMES - GRINCH! Cost: \$20 / \$30 Acworth Community Center Saturday, December 14, 2024

WINTER BREAK ART EXPLOSION CAMP!

Acworth Community Center February 17 - 21 \$125/\$150

REGISTRATION

October 28: COBB COUNTY RESIDENTS November 4: NON-COBB COUNTY RESIDENTS

REGISTRATION IS AVAILABLE ONLINE & IN PERSON AT THE ACWORTH COMMUNITY CENTER.



PICKERBALL LEAGUES

Acworth Spring Pickleball Ladder League Date: February 25 – March 25 Time: 6:30 PM – 9:00 PM Cost: \$50/\$60 Location: Acworth Community Center Acworth Spring Pickleball Coed League Date: February 27 – April 3 Time: 6:30 PM – 9:00 PM Cost: \$100/\$110 Location: Acworth Community Center



MARTIN LUTHER KING JR. DAY OF SERVICE CELEBRATION

Monday, January 20, 2025